Lifestyle Program Goals



Complete the THRIVE Program - Diabetes Program Diabetes Program partnered with	Automatically		
Diabotos Drogram partnered with		50	Max of 1
Diabetes Program partnered with			
Advent Health			
Information Here			
Watch Video Here			
Complete the Choose One – Cardiovascular Program	Automatically	50	Max of 1
Cardiovascular Program partnered			
with Orlando Health			
Information Here			
For more information or to enroll:			
Website: Choose One website			
Call: (407) 407-3046			
Email: ChooseOne@OrlandoHealth.com			
Watch Video Here			
Complete OCG Life Balance Series myOCLearn	Self-Reported	40	Max of 1
7 required eLearning courses			
Courses can be launched from the credential once you			
are enrolled. Please note that it may take up to (1 week			
before the credential appears on your schedule.			
Go to your myOCLearn Portal			
Click on "Self-Assign"			
Search "OCFL Passport Program - Life Balance Series"			
Tobacco Free Florida 4 Week Group Quit Program	Self-Reported	40	Max of 1
To receive points, you must complete			
the Group Quit 4-week session and submit			
Certificate of Completion to			
mailto:wellness@ocfl.net			
4 Week Group Quit Program			
For more information or to enroll:			
Cigna Cancer Care Support Program – Oncology Consult	Automatically	50	Max of 1
Service			
End-to-end solutions to support the customer			
through their care journey; from early identification			
to post-treatment care. Cigna News & Insights Article			